

GENERAL INFORMATIONS

*Dear Friends, Grandmasters, Masters and instructors
We would like to welcome you in Sardinia to Maracalagonis and to the*

III OPEN WORLD TAEKWON-DO CHAMPIONSHIPS 2019

III OPEN WORLD TAEKWON-DO CUP 2019

from the 25th to 27th OCTOBER 2019



Cagliari is a very picturesque City of 200.000 people overlooking one of the most beautiful and crystal clear seas in the world.



It is situated in the south of Sardinia, one of Italy's largest islands and famous for its warm hospitality and excellent cuisine.

The Beaches



The Fenicotteri is a big attraction of Cagliari

The Nuraghi



Cagliari's Town Hall and the Cathedral

GENERAL INFORMATIONS

1. EVENTS

- The **III OPEN WORLD TAEKWON-DO CHAMPIONSHIPS 2019**;
- The **III OPEN WORLD TAEKWON-DO CUP 2019**.
- **INTERNATIONAL INSTRUCTOR COURSE 2019** (red-black belt)

2. CHAMPIONSHIP DATES

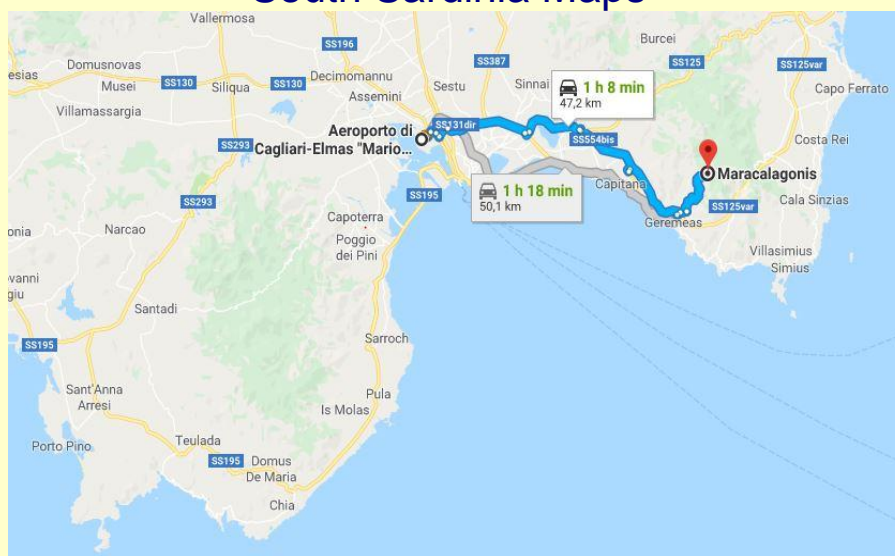
- October 25, 26, 27 2019 **III OPEN WORLD TAEKWON-DO CHAMPIONSHIPS** (3 days);
- October 27 2019 **III OPEN WORLD TAEKWON-DO CUP** (1 days).
- October 28, 29 **INTERNATIONAL INSTRUCTOR COURSE 2019**

The tournament takes place at the “Maracalagonis Stadium” near Cagliari.



3. VENUE AND HALL

South Sardinia Maps



How to get to Maracalagonis from “Elmas airport”

Maracalagonis is far from Elmas Airport only about 45 km. You can get to hotel or to the Stadium by bus, by taxi or by renting a car at the airport exit. For transfers by bus, the organization recommends the EASY TRANSFER SARDINIA which, in agreement with the organization, offers special prices for all guests and participants at the World Championship. All information on prices and places are visible on page no.8, point 17 of this General Information.

<p>4. GUESTS</p>	<ul style="list-style-type: none"> • ALL TAEKWON-DO Friends.
<p>5. COMPETITORS (JUNIOR-ADULT)</p>	<ul style="list-style-type: none"> • The Adult must be at least 18 years old during the Championship for the Adult World Championships; • The Juniors have to be 17 years of age and under during the Junior World Championship. (the year of birth is not considered); • Competitors must present their national passport at the weight check on October 24th;
<p>6. COMPETITORS (SENIOR)</p>	<ul style="list-style-type: none"> • ONLY BLACK BELTS 1st 2nd 3rd 4th 5th 6th ITF-DAN; • The competitors participating in the Senior Taekwon-do Championship must be 36-46 years old
<p>7. CATEGORIES OF MATCH</p>	<ul style="list-style-type: none"> • Competition consists of pattern, sparring, power and special technique; • Pattern: 1 optional; 1 designated • Sparring: only two rounds each two minutes; • power test: 1 optional (ap-joomuk jirugi, sonkal taerigi, yop cha jirugi, dollyo chagi, bandae dollyo chagi); • special technique: 1 optional (twimyo nopi ap cha busigi, twimyo dollyo chagi, twimyo bandae dollyo chagi).
<p>8. DIVISION OF MATCH JUNIOR, ADULT AND SENIOR The Championship is divided into Junior, Adult and Senior.</p>	<p>Team Match:</p> <ul style="list-style-type: none"> • Sparring and Pattern: Team will consist of five (5) regular competitors, <u>not necessarily chosen out of the individual competitors</u>; the vary same five (5) must compete in the team events; • One competitor in reserve is allowed for Sparring; • Power and Special Technique: Male: Five regular competitors and one competitor in reserve; • Female: Three regular competitors and one competitor in reserve. <p>Individual Match:</p> <ul style="list-style-type: none"> • For Junior Championships (Third degree and below); • For Adult Championships (Sixth degree and below); • For Senior Championships (Sixth degree and below).
<p>9. UMPIRES</p>	<ul style="list-style-type: none"> • Every participating Country has to provide as many Umpires as possible, to guarantee an efficient organisation of the Tournament; • In the Tournament food and drinks will be provided for All the Umpires; • Every Person which holds a Black belt and higher can become an umpire; • The organizing committee will pay only the Umpires that will be very professional in the Tournament; • Umpires must attend the empire meeting on Thursday October 24 6pm at the Official Hotel.

<p style="text-align: center;">10. COACHES</p>	<ul style="list-style-type: none"> • For individual and team matches, only one coach is allowed in the square. He/She must wear a tracksuit and gymnastic shoes. Only one coach is allowed to present an official protest. A maximum of four coaches per country is allowed to participate; • Coaches must attend the Coaches meeting on Thursday October 24 at 7pm at the Official Hotel.
<p style="text-align: center;">11. TOURNAMENT RULES</p>	<p>The official ITFU competition rules will apply for pattern, sparring, power and special technique competitions.</p> <ol style="list-style-type: none"> a. Competition is divided into team match (Male and Female) and individual match. b. Competition consists of pattern, sparring, power and special technique. <p>For more informations see the www.itfunion.com</p>
<p style="text-align: center;">12. SYSTEM OF TOURNAMENT</p>	<ol style="list-style-type: none"> a. Competition will be decided by the pyramid tournament system; b. The individual matches are divided as following; c. Individual competitors may participate in one or all of the categories; d. For the Sparring Match, Every Country should name <u>as many competitors</u> per weight class as possible.
<p style="text-align: center;">13. COMPETITORS</p>	<ul style="list-style-type: none"> • All Competitors must show medical certificates from their doctor, certifying that they are physically and mentally fit to compete in the Championship; • It is the <u>participants responsibility to have full insurance coverage</u> for all eventualities; • The Organization and the organizing committee will not be responsible for any injury or loss of participants before, during and after the Championship; • If any competitor is found to fail in a doping test , due to a medical examination, the Organizing Committee will disqualify the competitor from competition and the Championship. Further disciplinary action may be taken against the competitor at a later date.
<p style="text-align: center;">14. COMPETITORS DRESS CODE</p>	<ul style="list-style-type: none"> • If the competitors want to have the Country’s name on Dobok, they are able to print it on the back under the Tree; • Sponsorship logos may be on the right side of the chest at a recommended size of 10cm x 10cm; • National Flag may be granted to be stitched to the right sleeve on the side approximately 2cm below the shoulder seam.
<p style="text-align: center;">15. AWARDS FOR PARTICIPANTS</p>	<ul style="list-style-type: none"> • Finalist of specified divisions and categories will receive Gold, silver and two bronze Medals; • Judges and Umpires will receive Medals, FOOD AND FREE ACCOMMODATION.
<p style="text-align: center;">16. CEREMONIES</p>	<p>For the opening and closing ceremonies, the Participants can wear the Dobok or training-suit of their nation.</p>

17. TRANSFER BY BUS

The Organizing Committee has received a special price with Easy Transfer Sardinia to allow all participants and guests of the World Championship to be able to move from the airport to the Hotel and from the Hotel to the Stadium and vice versa in a comfortable and organized way. Our goal is to make the trip to Sardinia pleasant and at the right price.

The price for single route are:

From Cagliari Airport to Setar Hotel and viceversa

From 1 to 3 pax	Euro 45,00 (VAT included)
Minivan from 4 to 8 pax	Euro 55,00 (VAT included)
Minibus 16 seats	Euro 130,00 (VAT included)
Minibus 30 seats	Euro 150,00 (VAT included)
Minibus 50 seats	Euro 170,00 (VAT included)

From Setar Hotel to Stadium and viceversa

From 1 to 3 pax	Euro 35,00 (VAT included)
Minivan from 4 to 8 pax	Euro 45,00 (VAT included)
Minibus 16 seats	Euro 115,00 (VAT included)
Minibus 30 seats	Euro 135,00 (VAT included)
Minibus 50 seats	Euro 155,00 (VAT included)

The Services up to 35 seats could be, with a view to optimization cost, carried out with minivans (applying the relative Minivan tariff depending on availability at the time of booking) at the discretion of the customers.

Example 15 pax instead of traveling on a minibus of 16 seats (cost € 130.00 VAT included) could travel on two minivans (cost € 110.00 VAT included)

We remain at your disposal for any clarification and / or request.

BOOKING MODE

By e-mail: info@easytransfersardinia.it

sms / whatsapp

Filippo +39 3475504785

Susanna +39 3917428384

18. NATIONAL ANTHEM AND NATIONAL FLAG

Every participating country will provide the national anthem/flag

18. PASSPORT AND VISAS

- A valid passport/ identity document is required for all person entering the Italy. Visitors of some nationalities must obtain a visa prior to arrival.

19. LIABILITY AND INSURANCE

- Participants must have insurance against medical expenses, accidents and loss of personal belongings.
- The organisers can in no way be held responsible.
- The competitors must fill in a form to free the organiser of responsibilities.

20. LANGUAGE	English will be the official language of the III Open World Championships
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21. OFFICIAL WEBSITE	The official website of the Championships is www.itfunion.com
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21. HOTEL COST (Four Stars)	<table border="1" style="width: 100%;"> <tr> <td>Single Room</td> <td>Euro 50,00 (per night)</td> </tr> <tr> <td>Double Room</td> <td>Euro 65,00 (per night)</td> </tr> <tr> <td>Triple Room</td> <td>Euro 95,00 (per night)</td> </tr> </table> <p style="text-align: center;"><u>ALL COMPETITORS AND REFEREES MUST STAY AT THE OFFICIAL HOTEL</u></p>	Single Room	Euro 50,00 (per night)	Double Room	Euro 65,00 (per night)	Triple Room	Euro 95,00 (per night)
Single Room	Euro 50,00 (per night)						
Double Room	Euro 65,00 (per night)						
Triple Room	Euro 95,00 (per night)						

22. HOTEL Informations	<p>For booking your rooms please contact directly the Setar Hotel to:</p> <ul style="list-style-type: none"> - phone +39 070 892031 - email: info@hotelsetar.it <p style="text-align: center;">specifying the code word to book "TAEKWON-DO GROUP" (PLEASE, NOT MAKE A INDEPENDENT BOOKING ON-LINE)</p>
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COMPETITORS (fee)	<ul style="list-style-type: none"> - III Open World Taekwon-Do Championships (black belt) € 140.00 - III World Cup (colored belt) € 70.00 - The competitors fee will be pay directly the 24th October at the weight check - This fee of €140/€70 will apply up to August 25th. If the hotel is not booked by this date an late fee of €20 applies (to be paid at the weight check) - All competitors must stay at the official hotel. No exceptions!!!
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TECNICALS INFORMATIONS

<u>PATTERN</u>	<p><u>MALE</u></p> <ul style="list-style-type: none"> • TEAM one designated, one optional • INDIVIDUAL one designated, one optional <p><u>FEMALE</u></p> <ul style="list-style-type: none"> • TEAM one designated, one optional • INDIVIDUAL one designated, one optional
<ul style="list-style-type: none"> • YOUNG JUNIOR • JUNIOR • ADULT • SENIOR 	

SPARRING YOUNG JUNIOR	MALE	36kg -	42Kg -	48Kg -	54Kg -	60kg -	66kg -	66kg +
	FEMALE	36kg -	42Kg -	48Kg -	54Kg -	60kg -	60kg +	

SPARRING Junior	MALE	55kg -	60Kg -	65Kg -	70Kg -	70kg +
	FEMALE	45kg -	50Kg -	55Kg -	60Kg -	60kg +

SPARRING ADULT	MALE	60kg -	65Kg -	70Kg -	75Kg -	80Kg -	85kg -	85kg +
	FEMALE	50kg -	55Kg -	60Kg -	65Kg -	70kg -	70kg +	

SPARRING SENIOR (age 36+)	MALE	65kg -	75Kg -	75Kg +
	FEMALE	60kg -	60Kg +	

POWER JUNIOR	The tournament Committee will decide quantity of boards for Power Test and size, height and distance for Special Technique. The following are just an example:		
	MALE	Sonkal Taerigi	3 boards
		Yop Cha Jirugi	5boards
		Dollyo Chagi	4 boards
		Bandae Dollyo Chagi	3 boards
	FEMALE	Sonkal Taerigi	3 boards
		Yop Cha Jirugi	4 boards
		Dollyo Chagi	4 boards

SPECIAL TECHNIQUE JUNIOR	MALE	Twimyo nopi ap cha Busigi	260 cm
		Twimyo dollyo chagi	230 cm
Twimyo nomo yop cha jirugi		300 cm	
Twio dolmyo yop cha jirugi		220 cm	
Twimyo bandae dollyo chagi		220 cm	
	FEMALE	Twimyo nopi ap cha Busigi	200 cm
		Twimyo dollyo chagi	200 cm
		Twimyo nomo yop cha jirugi	160 cm

POWER ADULT	The tournament Committee will decide quantity of boards for Power Test and size, height and distance for Special Technique. The following are just an example:		
	MALE	Ap joomuk Jirugi	5 boards
Sonkal Taerigi		6 boards	
Yop Cha Jirugi		7 boards	
Dollyo Chagi		6 boards	
Bandae Dollyo Chagi		6 boards	
	FEMALE	Sonkal Taerigi	4 boards
		Yop Cha Jirugi	4 boards
		Dollyo Chagi	4 boards

SPECIAL TECHNIQUE ADULT	MALE	Twimyo nopi ap cha Busigi	240 cm
		Twimyo dollyo chagi	230 cm
Twimyo bandae dollyo chagi		220 cm	
	FEMALE	Twimyo nopi ap cha Busigi	220 cm
		Twimyo dollyo chagi	220 cm

POWER SENIOR	The tournament Committee will decide quantity of boards for Power Test and size, height and distance for Special Technique. The following are just an example:		
	MALE	Ap joomuk Jirugi	5 boards
		Sonkal Taerigi	6 boards
		Yop Cha Jirugi	7 boards
		Dollyo Chagi	6 boards
		Bandae Dollyo Chagi	6 boards
	FEMALE	Sonkal Taerigi	4 boards
		Yop Cha Jirugi	4 boards
		Dollyo Chagi	4 boards

SPECIAL TECHNIQUE SENIOR	MALE	Twimyo nopi ap cha Busigi	280 cm
		Twimyo dollyo chagi	250 cm
		Twimyo nomo yop cha jirugi	320 cm
		Twio dolmyo yop cha jirugi	240 cm
		Twimyo bandae dollyo chagi	240 cm
	FEMALE	Twimyo nopi ap cha Busigi	220 cm
		Twimyo dollyo chagi	220 cm
		Twimyo nomo yop cha jirugi	180 cm